

Java  
*with* Juli

WITH DR. JULI SLATTERY

JAVA WITH JULI  
LISTENING GUIDE

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# Sexuality Meets Discipleship

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Segment 1

**WHY GOD CREATED  
YOU TO BE SEXUAL**

With Guest Hannah Nitz

# LISTENING NOTES



# Questions for Reflection and Discussion:

**1. How would you define covenant love?**

**2. Juli said that covenant love is the most important concept in Scripture. What do you think about this statement?**

**3. How would you describe the difference between a contract-based relationship versus a covenant-based relationship? Give some examples of each from your own life.**

**4. How do you put a contract love on your relationship with God?**

**5. What do you think about the statements, “The Gospel is written in our sexuality,” and, “Sexuality is a physical way that we experience covenant love”?**

# Questions for Reflection and Discussion, continued:

**6. How does sexual desire teach us something about spiritual desire?**

**7. Juli said the framework of covenant love gives us a reference point for understanding our practical questions. Give a personal example of this.**

**8. Juli said, “If you take the concept of covenant away from sexuality, you will always misuse it.” What do you think about this statement?**

**9. What was your biggest takeaway from this episode?**

# Suggested Resources:

- Blog: [The “Why” for Every Question About Sexuality](#)
- Blog: [What’s the Purpose of Your Sexuality, Really?](#)
- Blog: [The World Has A Lot to Say About Sex](#)
- Blog: [What’s the Purpose of Marriage?](#)
- Book: [“Rethinking Sexuality”](#) by Dr. Juli Slattery

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Segment 2

**WE'RE ALL  
SEXUALLY BROKEN**

With Guest Hannah Nitz

# LISTENING NOTES

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# Questions for Reflection and Discussion:

- 1. What is your initial reaction to the statement, “We are all sexually broken”?**
- 2. Juli talked about how the Bible shows two categories of people, as represented by the story in Luke 18:9–14. How is this often the case when Christians talk about sexuality?**
- 3. “Wholeness is not the absence of problems.” What do you think about that statement related to your sexuality?**
- 4. How is the “us versus them” mentality in the church getting in the way of revival?**
- 5. How would our Christian communities change if we believed that we are *all* sexually broken?**
- 6. What’s the difference between the questions, “Are you struggling?” and, “How are you struggling?”**

# Questions for Reflection and Discussion:

**7. In your Christian community, at what level do you interact as if everyone is sexually broken?**

**8. What would you change if you approached Christian community with that assumption? How is this an important aspect of revival?**

## Suggested Resources:

- Blog: [Why Does Sex Matter in Marriage? Pt. 1](#)
- Blog: [Why Does Sex Matter in Marriage? Pt. 2](#)
- Blog: [Gay Marriage and What We've Forgotten About God](#)
- Book: [“Our Bodies Tell God’s Story”](#) by Christopher West
- Java with Juli: [#300 Christians Struggle with Sexual Addiction, Too](#)

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Segment 3

**HOW THE PURITY  
MOVEMENT HURT US**

With Guest Hannah Nitz

# LISTENING NOTES

# Questions for Reflection and Discussion:

**1. What has been your experience with the purity movement? How has it impacted how your view biblical sexuality?**

**2. Juli said, “A narrative is only powerful if you can find your story in it.” What do you think about this statement?**

**3. Juli said, “When sex becomes confusing, God becomes confusing.” Have you experienced this? If so, how?**

**4. Why is it important to push into the bigger picture of biblical sexuality rather than building in teaching on a few Bible verses about what *not* to do?**

**5. How would you describe the difference between sexual morality and Christian sexual maturity?**

**6. How can a limited teaching on sexuality lead to deconstructing from the Christian faith?**

# Questions for Reflection and Discussion:

**7. What was your response to the stories that were shared in this episode?**

**8. What was your biggest takeaway from this episode?**

## Suggested Resources:

- Blog: [Why Promise Rings and Purity Talks Fall Short](#)
- Blog: [They're Right. Abstinence-Only Education Doesn't Work](#)
- Blog: [Joshua Harris, Sexuality, and "Deconstructing" Sexuality](#)

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Segment 4

**PURSUING WHOLENESS,  
NOT PURITY**

With Guest Hannah Nitz

# LISTENING NOTES



# Questions for Reflection and Discussion:

**1. How would you describe the difference between sexual integrity and sexual purity?**

**2. Why is sexual integrity a more helpful way to talk about how to honor God with our sexuality?**

**3. "Sexual integrity means you want your life/sexuality to be a consistent expression of who you claim to be as a Christ follower." What do you think of this description?**

**4. How does the concept of sexual integrity help us to realize that "we are all sexually broken"?**

**5. What application does sexual integrity as a Christian have for how we deal with our sexual wounds?**

# Questions for Reflection and Discussion:

**6. Give some examples of how sexual integrity applies to sex within marriage.**

**7. Juli asked, “What percentage of your sex life is owned by the enemy and what percentage is fully surrendered to the Lord?” Spend some time thinking and praying through this question.**

**8. How can the concept of sexual integrity propel you to grow in Christian maturity?**

## Suggested Resources:

- Blog: [Learning to Be a Promise-Breaker](#)
- Blog: [Stop Hooking Up In Your Marriage](#)
- Blog: [Learning to Say “I Was Wrong”](#)
- Java with Juli: [#117 How Your Sex Life is Connected to Your Spiritual Life](#)
- Java with Juli: [#107 Surprised by the Healer](#)
- Book: [“Surprised by the Healer”](#) by Dr. Juli Slattery and Linda Dillow

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## Segment 5

# **PUBLIC ME VS. PRIVATE ME**

With Guest Hannah Nitz

# LISTENING NOTES

# Questions for Reflection and Discussion:

- 1. "We are all, at some level, hypocrites." Do you believe that statement?**
- 2. How does the public me versus the private me keep us from growing in sexual integrity?**
- 3. When have you felt the pressure to keep sexual sin or struggles hidden?**
- 4. What fears keep you from being honest with what you are dealing with?**
- 5. Why is being honest with struggles such a key part of living with integrity as a Christian?**

# Questions for Reflection and Discussion:

**6. How can God be more glorified in your weakness than your strength?**

**7. What is more common for you: the public me scolds the private me, or the private me convicts the public me?**

**8. What is the difference between building a reputation versus having a testimony?**

**9. What is one of the recommended steps you will commit to taking in order to live with greater integrity?**

## Suggested Resources:

- [Blog: Stop Trying So Hard \(blog\)](#)
- [Blog: Escaping the Web of Pride \(blog\)](#)
- [Java with Juli: "#182 Your Generation & Your View of Sexuality"](#)



## Segment 6

# **DO YOU HAVE AN AGENDA?**

With Guest Hannah Nitz

# LISTENING NOTES



# Questions for Reflection and Discussion:

**1. What do you think about the statement that “every relationship you are in has a God-given purpose”?**

**2. What is the difference between being missional and having an agenda?**

**3. How is a mission focused on my faithfulness, where an agenda is focused on results? Give a few practical examples.**

**4. Do you agree that having an agenda will always get in the way of us loving others well?**

**5. What relationship do you have that has been driven by an agenda? What is the agenda, and how can you shift toward being missional?**

**6. What is your biggest takeaway from this conversation?**

# Suggested Resources:

- Webinar: [The Art of Asking Good Questions](#)
- Blog: [How to Have Tough Conversations](#)
- Blog: [God Says Not To Judge... Right?](#)
- Blog: [How We Love Each Other](#)
- Java with Juli: [#203 Different Views on Sexuality](#)
- Java with Juli: [#192 Engaging in Restorative Relationships](#)

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# What's Next?

## EXPLORE OUR RESOURCES

No matter where you are on your journey, Authentic Intimacy is here to come alongside you. We have many resources to help you make sense of God and sex.

Learn more at [authenticintimacy.com](https://authenticintimacy.com)

## LISTEN TO JAVA WITH JULI

Join clinical psychologist Dr. Juli Slattery as she gets to the heart of what the Bible says about sex, singleness, marriage, and intimacy.

Learn more at [authenticintimacy.com/podcast](https://authenticintimacy.com/podcast)

## BECOME A MEMBER

Our member community is a great way for you to dive into our resources and join a community that is passionate about God's design for sexuality.

Learn more at [authenticintimacy.com/member](https://authenticintimacy.com/member)